

# Wound Healing Activity of *Monodoramyristica* Seed Extracts in Wistar rats -II

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## Abstract

**Introduction:** This study examined the wound-healing potential of 100 % methanolic and ethanolic extracts obtained from *Monodoramyristica* seeds.

**Materials and Methods:** *M. myristica* seed extract (MMSE) was obtained by a cold extraction method with methanol and ethanol each as solvents, and afterwards subjected to phytochemical examination, antimicrobial assay and minimum inhibitory concentration determination. Wound-healing capability of the extracts was assessed using twenty-four rats divided into four groups of six animals each. Parameters evaluated included wound surface area (mm<sup>2</sup>), percentage wound closure, duration of epithelialisation, and histological analysis of both treated and control wounds. Group 1 and 2 rats received 100 % methanolic and ethanolic extract, respectively, while Group 3 animals (control 1) served as the untreated control. Group 4 animals (control 2) were treated with a standard wound-healing ointment. All the experimental animals were provided unrestricted access to food and water throughout the study period.

**Results:** Phytochemical analysis revealed that MMSE contains tannins, alkaloids, terpenoids, steroids, quinones, anthraquinones and reducing sugars. Both extracts demonstrated antibacterial activity against Gram-positive and Gram-negative bacteria at varying concentrations. The observed antibacterial and antifungal effects of the ethanolic extract suggest the presence of biologically active constituents within the seeds of *Monodoramyristica*. The fastest wound healing was observed in group 1, with an epithelialisation time of 18.00±1.09, followed by group 2 (epithelialisation time of 19.83±1.47). Group 4 rats had faster wound healing (epithelialisation time of 20.33±1.86) than those of group 3 (epithelialisation time of 24.83±0.41). Histopathological findings showed complete epidermal regeneration with keratin formation in the healed wounds of Groups 1, 2 and 4 rats, whereas, Group 3 exhibited numerous endocrine glands with observed deep pink eosinophilic materials.

**Conclusion:** The findings support the traditional medicinal use of *M. myristica* seeds in wound management. 100 % w/w methanol and ethanol seed extracts of *M. myristica* healed wounds faster than conventional wound healing ointment, and might therefore find application as a wound healing ointment. Overall, the study provides pharmacological evidence validating the traditional use of *M. myristica* plants for wound-healing purposes.

**Keywords:** *M. myristica*, seed extract, antimicrobial activity, wound healing, epithelialisation time, histopathology.

## 1.0 Introduction

Man has used diverse portions of plants in the prevention and treatment of many illnesses since the dawn of time [1]. The concept of generating medications from plants used in indigenous medical systems is far older. Although there are some direct links between a local and biomedical use, the relationship is much more complex in other cases [2]. According to the Wound Healing Society, wounds are defined as physical damages that disrupt the normal structure of the skin. Chronic wounds, in particular, present a serious challenge for both patients and healthcare providers, as they affect a large population and significantly reduce the quality of life [3]. Recent estimates show that approximately six million individuals worldwide suffer from chronic wounds. These wounds occur at a rate of about 4.5 per 1000

people, while acute wounds have been reported to occur at nearly twice that frequency, approximately 10.5 per 1000 individuals [4]. Medicinal plants play an important role in both traditional and contemporary medicine. Plant-derived compounds with suspected antimicrobial properties require evaluation using appropriate microbial models in order to validate their activity and establish relevant parameters. Consequently, a vast number of researchers from many regions of the world have investigated the effects of plant extracts on bacteria [5]. Despite advances in modern medicine, traditional medicines are still used by over 80 % of the global population to treat various skin ailments [6]. In order to support the creation of a proper environment for natural healing, herbal remedies in wound management include cleaning, debridement, and maintaining a moist

atmosphere [6].

*Monodorais* a plant genus belonging to the *Annonaceae* family and comprises approximately thirty-five species distributed across tropical Africa. *M. myristica* (Dunal) is one of the most commonly utilised species and is widely used as a spice [7]. It is a perennial plant predominantly found in evergreen forests of West Africa and is commonly known as African nutmeg, calabash nutmeg, and ehuru while some common names in Nigeria include: ariwo, ehiri, and airama [7]. The seeds possess a nutmeg-like aroma, and widely incorporated into West African cuisine. Countries such as Liberia, Nigeria, Cameroon, Angola, Uganda, and western Kenya are among the regions where the *M. myristica* tree grows naturally in evergreen woods. This tropical shrub belongs to the flowering plant family and produces a berry of about 20 cm in diameter. It is smooth, green, and spherical when young, which becomes woody upon maturation. The fruit is attached to a long stalk that may reach up to 60 cm in length and contains numerous oblong pale brown seeds, each averaging about 1.5 cm in length, embedded in a white, aromatic pulp. Studies show that nearly all parts of the *M. myristica* tree are commercially significant [8]. The wood is durable and commonly used for carpentry, household fittings, and joinery, while the seeds are used in the production of jewellery and other crafts. The seeds, which are encased in a white, sweet-smelling pulp of the sub-spherical fruit, are the most economically valued portions. On average, a single fruit contains between 119 and 122 seeds [7]. Prior to storage or consumption, the seeds undergo processing methods such as fermentation, washing, drying, and cracking [8]. Numerous studies have documented the therapeutic properties of *M. myristica*. In the parts of Central Africa, the stem bark is traditionally used to manage haemorrhoids, gastrointestinal discomfort, fever, and eye conditions, while the seeds are used to treat headaches and hypertension, also as a condiment and postpartum tonic in Eastern Nigeria [9]. Anti-sickling properties have been discovered in *M. myristica*, and the powdered kernel is sometimes added to soup to relieve constipation and manage passive postpartum uterine bleeding. Additionally, the fruit is also utilized for its diuretic qualities [9]. Previous studies have reported the use of 5 % and 10 % methanolic seed extracts of *M. myristica* and *M. tenifolia* in wound-healing of albino rats [10]. Building on some of this evidence, this present study investigated the wound activity of 100 % methanolic and ethanolic extracts of *M. myristica* seeds.

## 2.0 MATERIALS AND METHOD

### 2.1 Plant material

The seeds of *Monodoramyristica* were obtained from Bodija market in Ibadan, Nigeria. The plant material was identified and authenticated at the Herbarium Unit, University of Ibadan, Nigeria.

### 2.2 Preparation of seed extract

The seed coats were carefully removed, after which the seeds were air-dried and milled into a coarse powder using an electronic blender.

A total of 300g each of the dried powdered sample was divided equally into two separate aspirator containers. One litre of methanol was added to the first container, and also one litre of ethanol to the second container. Both mixtures were allowed to stand at room temperature for four days with constant agitation to enhance extraction. The resulting mixtures were filtered, and the filtrates were concentrated using a rotatory evaporator at 53°C for methanol and 65°C for ethanol. The concentrated extracts were then designated as *M. myristica* methanolic seed extract (MMMSE) and *M. myristica* ethanolic seed extract (MMESE), respectively.

### 2.3 Phytochemical screening

Qualitative phytochemical analyses were conducted to identify the presence of secondary metabolites in both methanolic and ethanolic seed extracts. The compounds screened included alkaloids, steroids, carbohydrates, flavonoids, saponins, glycosides, terpenoids, quinones, and anthraquinones, using standard procedures as described by Balakrishnan *et al.* [11].

### 2.4 Physical Properties

Some of the properties of the purchased *M. myristica* seed were determined. The weight of some randomly selected seeds was determined with and without the hull. The percentage of hull or husk was then calculated. *M. myristica* seed length with hull and without hull was also measured in millimeters and the average seed length was determined.

$$\text{Formula: } \frac{W_h - W_d}{W_h} \times 100$$

Where  $W_h$  = Weight of seed with hull/husk  
 $W_d$  = Weight of seed without hull/husk

### 2.5 Test Microorganisms

The microorganisms used in this study were *Staphylococcus aureus*, *Escherichia coli*, *Bacillus subtilis*, and *Salmonella typhi*. Pure bacterial and fungal strains were obtained from the Department of Pharmacy, University of Ibadan, Nigeria. The bacterial isolates were cultured on nutrient agar (Oxoid, Hampshire, UK) and incubated at 37°C for 24 hours.

#### 2.5.1 Susceptibility tests

The antibacterial activity of MMMSE and MMESE against the test organisms was assessed using the disk diffusion method. Gentamycin served as the positive control. The test microorganisms were grown overnight (24 h at 37 °C) in nutrient agar, after which the inoculum was prepared by diluting cultures in Muller-Hinton Broth to achieve approximately  $10^6$  CFU/ml. Sterile paper disks (6 mm diameter) were impregnated with 10 µl of the extracts at concentrations of 1.00 mg/ml, 0.875 mg/ml, 0.75 mg/ml, 0.5 mg/ml and 0.25 mg/ml. The disks were placed on inoculated agar plates (90 mm) and incubated at 37°C for 24 hours. Zones of inhibition were measured and compared with those produced by Gentamycin (10 µg/ml). All experiments were conducted in duplicate.

### 2.5.2 Minimum Inhibitory Concentrations (MIC) of seed extract

The Minimum Inhibitory Concentration (MIC) is defined as the extract concentration capable of preventing visible microbial growth on agar media or turbidity in broth cultures. In this study, the susceptibility of bacterial and fungal strains to the extracts was evaluated using the microdilution technique to establish MIC values. This procedure was applied extensively to extracts that demonstrated inhibition zones of at least 8mm. The extracts were dissolved in 10 % of ethanol 99 % v/v. The assay was conducted using a 96-well microplate following established protocols. The wells of Column 2–11 were filled with 100 µl of Muller Hinton Broth (MHB) and served as solvent control for sterility. The first tubes contained only the pure extracts and were used as sterility controls. Gentamycin, prepared in MHB at concentrations ranging from 1 mg/mL, was used as the standard drug for positive control. The agar plates incubated at 37 °C for 24 h, and MIC was recorded as the lowest concentration at which no visible colony growth was observed. All experiments were carried out in triplicate [12, 13, 14].

### 2.6 FTIR Analysis

Fourier Transform Infrared (FTIR) spectroscopy was employed as the preferred infrared analytical technique. When the infrared radiation passes through a sample, certain wavelengths are absorbed while others are transmitted. The transmitted radiation generates a signal detected as an infrared spectrum, which represents a molecular “fingerprint” unique to the sample. The effectiveness of FTIR spectroscopy lies in its ability to differentiate chemical structures based on their distinct spectral patterns.

### 2.7 Experimental Animals

Healthy Wistar rats of both sexes, with body weights ranging between 150 and 250 g, were obtained from Laniba Farm, located near Leyket Gas Station in Ibadan. They were given a conventional unlimited food and water and kept in polypropylene cages under conventional laboratory conditions (25–30 °C, 35–60 % relative humidity). All experimental procedures adhered to the ethical guidelines approved by the University of Ibadan Ethics Committee on Research in Animals, as well as internationally accepted standards for the use and care of laboratory animals.

### 2.8 Evaluation of Wound Healing Activity

The wound-healing potential of *M. myristica* seed extracts was evaluated using an excision wound model. The animals were randomly divided into four groups, each comprising six rats. Ointments were applied topically once daily to the rats in groups 1–3. Group 1 animals received MMMSE ointment, while Group 2 was treated with ointment of MMESE. Group 3 served as the untreated control, whereas Group 4 functioned as the positive control and was treated with a standard wound-healing ointment containing 5% povidone-iodine USP.

Prior to and during wound induction, the rats were anesthetized with ketamine hydrochloride (100 mg/kg, intraperitoneally) following standard procedures. All the animals were monitored closely for signs of illness, and any diseased animals were excluded from the study [15].

#### 2.8.1 Excision wound model

Excision wounds were created on the animals using the method described by Ajayi and Omolere [16]. An electrical clipper was employed to shave the dorsal fur of the dorsolateral flank area. After preparing the wound region with 70% alcohol, the skin from the planned shaved area was excised to its full thickness with forceps, a surgical blade, and a scissor to obtain a wound area of roughly 300 mm<sup>2</sup>. Excision incisions were made 2.0 cm from the spinal column on both sides of the dorsal thoracic region. The wound was left open, and all of the animals were treated with the prepared ointments. The wound healing was tracked by tracing the wound on the 3rd, 11th, 15th, 19th, and 23rd days after wounding. Percentage wound closure and epithelialisation time, which is an indicator of new epithelial tissue formation over the wound surface, were calculated based on wound closure measurements recorded at regular intervals [17].

#### 2.8.2 Wound healing activity study

The wound-healing effectiveness of the formulated extracts was assessed using parameters such as wound surface area (mm<sup>2</sup>), rate of wound contraction, epithelialisation time in the excision wound model, and histological examination of the regenerated tissues.

#### 2.8.3 Rate of wound contraction

Wound contraction was evaluated every four days and expressed as the percentage reduction in size. Wound areas were measured graphically to monitor the percentage of wound closure, which reflects the formation of new epithelial tissue. Transparent paper and a marker were used to trace wound margins and measurements were carried out. The percentage wound healing was calculated using the formula prescribed by Ajayi *et al.* [10].

$$\text{Percentage wound contraction} = \frac{A_0 - A_t}{A_t} \times 100 \%$$

Where:

A<sub>0</sub> = Initial area of wound on day “0” of the experiment.

A<sub>t</sub> = Area of wound at day “t” of experiment.

The epithelialisation time was determined by the number of days required for complete scar formation without any remaining raw wound surface.

### 2.9 Histological Study

On the 25th day of the experiment, skin tissue samples were collected from all the five experimental groups of animals for histological evaluation of collagen deposition and tissue regeneration. Skin samples from the treated animals were fixed in 10% buffered formalin, sectioned in 6 m thickness slices, and stained with hematoxylin and eosin. The prepared slides were examined under a light microscope to identify histological alterations.

### 2.10 Statistical analysis

Each experimental group consisted of six animals ( $n=6$ ). Data analysis was performed using one-way analysis of variance (ANOVA) with IBM SPSS statistical software version 20.0. The Duncan T test was applied to determine significant differences among group means, with statistical significance set at  $P<0.05$ . The results were expressed as mean values  $\pm$  standard deviations obtained from six duplicated tests.

## 3.0 Results and Discussion

### 3.1 Some determined physical properties of *M. myristica* seeds

The mean weight and length of hulled and dehulled seeds are presented in Tables 1 and 2 respectively. Ajayi and Ifedi [18] reports kernel percentage of 89.90% for *P. longifolia* seeds.

### 3.2 Phytochemical Analysis

Table 3 shows the phytochemical screening results of MMMSE and MMESE. The analysis confirmed the presence of tannins, alkaloids, terpenoids, steroids, quinones, anthraquinones, and reducing sugars, along with other bioactive constituents. Tannins can bind to proteins, form complexes that prevent blood flow to wound area thereby reducing loss of blood, and thus cause early healing [19]. Saponins are known to play a role in stimulating the activity of fibroblasts, increasing collagen production, and helping to repair damaged tissue structure [20]. Lestari et al. [21] reports that *Azadirachta indica* leaf extract contains secondary metabolites with potential as therapeutic agents for wounds, in particular, diabetic wounds.

### 3.3 Antimicrobial activities assay

The differences observed in the antimicrobial activity of *M. myristica* seed extracts can be attributed to variations in their chemical composition (Table 4). [22] reported that *B. subtilis* exhibited the highest sensitivity to ethanol extracts at concentrations of 50-400 mg/ml, whereas *E. coli* and *Proteus mirabilis* showed greater resistance. In contrast, findings from the present study identified *S. aureus* and *B. subtilis* as the most resistant organisms. Previous studies have shown that the minimum inhibitory concentration for *S. aureus* and *S. typhi* was 40 mg/ml. The antibacterial effect of both MMMSE and MMESE against *S. aureus* in this study aligns with results reported by [23], who recorded inhibition zones of 9 mm. Overall, the presence of both antibacterial and antifungal activities in MMESE confirms that the plant contains biologically active compounds with potential for multiple therapeutic applications.

### 3.3 FTIR Analysis of methanol and ethanol *M. myristica* extract

The FTIR spectra of methanol and ethanol extracts of *M. myristica* seeds demonstrated notable similarities (Figures 1a and 1b). Both extracts have C-H bonds, C-O bonds, and they also have the O-H bonds; the O-H absorption is a broad one in both molecules.

There are also C-H and C-O absorptions. The ethanol molecule has more peaks than the methanol molecule because of the presence of C-C bonds in it. The peaks below  $1500\text{ cm}^{-1}$  also indicate the fingerprint region, as shown in Fig. 1 and O-H shows a broad absorption at about  $3300\text{ cm}^{-1}$ , C-O has one at near  $1200\text{ cm}^{-1}$ , C-H bonds absorbed at about  $3000\text{ cm}^{-1}$  while the C-C bond is unique to only ethanol.

### 3.4 Weekly weight gain of rats

Table 5 presents the weekly weight changes observed in both the test and control animals during the study period. It was noticed that there was a decline in weight after the wound was inflicted (after week 1). This may be due to loss of appetite for about a week due to pain from the wound incision. The weights increased steadily after some days as wound healing progressed until week 4.

### 3.5 Wound contraction and epithelialisation time

The progressive reduction in wound size among the various experimental over the 23-day treatment period using *M. myristica* seeds is presented in Table 6 and 7, Figure 2. Results from this study revealed that topical application of *M. myristica* seed extracts significantly enhanced wound healing in rats. This effect may be linked to the extracts' ability to neutralize free radicals, suppress inflammatory pathway mediators, and inhibit bacteria growth at the wound site [24]. Group 1, treated with MMMSE, exhibited the fastest wound healing response, achieving nearly complete wound healing (almost 100% wound contraction) within 18 days, compared to Group 2, which received MMESE. By the 19th day post-wounding, wound of Group 1 rats was markedly faster than those of the rest of the groups. Group 3 animals showed the slowest wound healing rate, with an epithelialisation period of  $24.83\pm 0.14$  days. Animals treated with povidone iodine (Group 4) demonstrated epithelialisation times of  $20.33\pm 1.86$  days, while Group 2 ones recorded  $19.83\pm 1.47$  days. Complete epithelialisation across all treated groups was observed between the 18<sup>th</sup> and 20<sup>th</sup> post-wounding days. The untreated group (Group 3) showed the poorest healing outcome, characterized by prolonged epithelialisation time, and delayed wound closure. MMMSE ointment healed the wound of the rats faster (epithelialisation time of  $18.00\pm 1.09$ ) than MMESE ointment (epithelialisation time of  $19.83\pm 1.47$ ).

### 3.6 Histopathology Analysis

Histological examination of the skin tissues obtained from the wound sites of the rats treated for 21 days with MMMSE and MMESE ointments revealed the presence of well-developed granulation tissue extending across most layers of the dermis in the excision wound model. Histological features observed in the healed wounds included reformation of the epidermal skin layer, presence of myofibroblasts and fibroblasts, collagen deposition, angiogenesis and infiltration of inflammatory cells. These regenerative characteristics were evident in both the treated and control groups across all experimental sets (Table 8, Figure 3) indicating active tissue repair and remodelling.

**Table 1: Weight of hulled and dehulled *Monodoramyrstica* seeds(g)**

Parameters	W <sub>1</sub>	W <sub>2</sub>	W <sub>3</sub>	W <sub>4</sub>	W <sub>5</sub>	AW*
Weight with hull W <sub>h</sub>	1.23	1.13	0.98	1.18	1.00	1.10
Weight without hull W <sub>d</sub>	0.95	0.87	0.75	0.93	0.80	0.86
Weight of shell	0.28	0.26	0.23	0.25	0.20	0.24
% of shell in seed	22.76	23.00	23.47	21.19	20.00	21.82

\*AW= Average weight

**Table 2: Length of hulled and dehulled *Monodoramyrstica* seeds(mm)**

Parameters	L <sub>1</sub>	L <sub>2</sub>	L <sub>3</sub>	L <sub>4</sub>	L <sub>5</sub>	AL*
Length with hull	18.00	18.00	19.00	21.00	18.00	18.80
Length without hull	11.00	11.00	11.00	11.00	12.0	11.20
Difference in length	7.00	7.00	8.00	10.00	6.0	7.60
% of Difference in length	38.89	38.89	42.10	47.62	33.33	40.43

\*AV= Average length

**Table 4: Antimicrobial activity of methanol and ethanol *M. myristica* seed extracts**

1.000	0.875	0.750	0.500	0.250	1.000	0.875	0.750	0.500	0.250
1.35±0.07	0.95±0.07	0.70±0.00	0.85±0.07	1.40±0.14	0.85±0.07	0.80±0.14	0.75±0.07	0.65±0.07	0.70±0.00
1.90±0.14	1.50±0.00	1.40±0.00	1.35±0.07	0.75±0.07	-	-	-	-	-
0.07±0.07	1.00±0.00	0.60±0.28	0.75±0.07	0.70±0.00	0.60±0.00	1.45±0.07	1.35±0.07	1.05±0.07	1.00±0.00
1.65±0.21	0.70±0.00	0.70±0.14	0.40±0.14	0.80±0.14	1.65±0.21	0.95±0.07	1.30±0.00	1.15±0.07	0.85±0.07

**Table 5: Weekly weight gain of rats(g)**

Groups	Week 0	Week 1	Week 2	Week 3	Week 4
1	222.00±39.31	234.17±36.88	203.5±25.26	215.50±21.39	233.33±16.80
2	244.67±36.68	249.67±35.27	221.33±28.77	233.67±28.61	249.67±18.57
3	231.67±32.82	249.33±32.85	228.50±34.19	246.67±27.35	251.00±27.32
4	219.83±9.86	232.00±5.02	219.50±10.62	239.67±12.97	254.33±8.43

\*Controls were used in conjunction with other experiments

**Table 6: Wound healing area and period of epithelialisation**

Groups	Wound healing area (mm <sup>2</sup> )						Epithelialisation time
	Day 0	Day 3	Day 7	Day 11	Day 15	Day 19	
1	300.00±0.00	162.73±53.16	88.18±32.80	17.27±6.38	8.18±2.99	0.91±2.22	18.00±1.09
2	300.00±0.00	154.42±24.29	82.65±33.33	29.98±14.11	13.63±9.59	3.63±2.81	19.83±1.47
3	300.00±0.00	274.39±10.11	207.14±11.60	136.25±7.71	67.22±5.63	14.99±4.13	24.83±0.41
4	300.00±0.00	255.28±13.50	167.13±8.89	82.66±8.02	30.00±9.02	6.13±1.37	20.33±1.86

\*Controls were used in conjunction with other experiments

**Table 7: Wound healing contraction (%)**

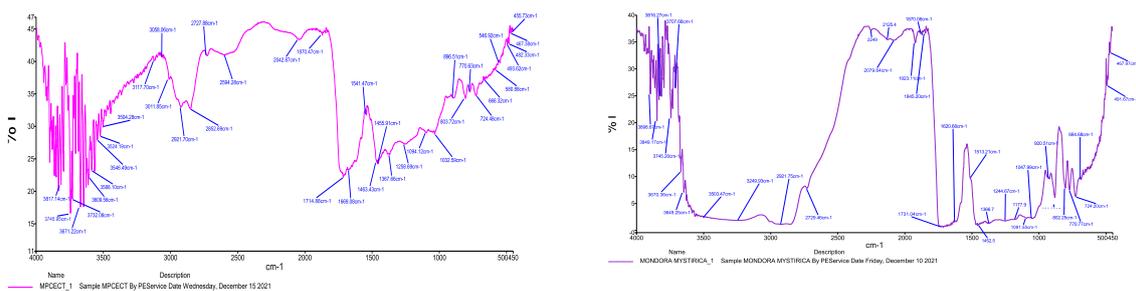
Groups	Day 3	Day 7	Day 11	Day 15	Day 19
1	45.75±17.72	70.61±10.93	94.24±2.13	97.27±0.99	99.69±0.74
2	48.53±8.09	72.45±11.11	90.01±4.70	95.46±3.19	98.78±0.94
3	8.54±3.37	30.96±3.87	54.58±2.35	77.59±1.88	95.00±1.38
4	14.91±4.50	44.29±2.97	72.45±2.67	89.99±3.01	98.64±1.11

\*Controls were used in conjunction with other experiments

**Table 8: Histopathology of the skin wound area**

Groups	Skin layer	Myofibroblasts and Fibroblasts	Collagen deposition	Angiogenesis	Cell infiltration
1	Complete thin layer of epidermis with keratin	Moderate quantity of fibroblasts and myofibroblasts	Moderate dense collagen deposit. Presence of moderate loose collagen in subcutis	Not apparent	Few lymphocytes and macrophages
2	Complete thin layer of epidermis with keratin	Moderate quantity of fibroblasts and myofibroblasts	Moderate dense collagen deposit. Presence of moderate loose collagen in subcutis	Not apparent	Few lymphocytes and macrophages
3	Numerous sebaceous glands with deep pink eosinophilic materials	Abundant myofibroblasts and fibroblasts present	Abundant loose collagen deposition	Numerous sebaceous glands present in the subcutis	Moderate cells include predominantly lymphocytes and a few macrophages and neutrophils
4	Complete epidermal layer with keratin	Numerous fibroblasts and myofibroblasts	Abundant dense collagen in the dermis	Moderate angiogenesis	Moderate predominantly macrophages and lymphocytes

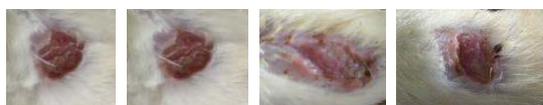
\*Controls were used in conjunction with other experiments



**Figures 1a and 1b. Spectra of methanol and ethanol extracts of *M. myristica* seeds**



DAY 0 Day 3 G1 G2 G3 G4



Day 7 G1 G2 G3 G4



Day 11 G1 G2 G3 G4



Day 15 G1 G2 G3 G4



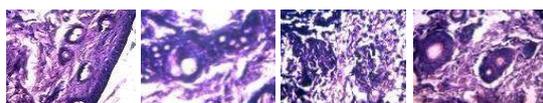
Day 19 G1 G2 G3 G4



Day 23 G1 G2 G3 G4

**Figure 2: Photograph showing various stages of wound healing of test and control rats**

\*Controls were used in conjunction with other experiments; G = Group.



G1 G2 G3 G4

**Figure 3: Photomicrograph of rats from test and control groups.**

G1: Photomicrograph of group 1 animals treated with MMMSE showing a locally extensive area of dense collagenous tissue (H&E  $\times 100$ ).

G2: Photomicrograph of group 2 animals treated with MMESE revealing section of dermis with organized collagenous tissue arranged in layer wavy pattern (H&E  $\times 100$ ).

G3: Photomicrograph of group 3 animals that were left untreated with any ointment. There is a severe dispersal/degeneration of the collagen fibres. There are foci of cellular aggregation (H&E  $\times 100$ ).

G4: Photomicrograph of group 4 animals treated with povidone iodine-based ointment. Section shows complete skin with predominantly loose connective tissue in the sub cutis (H&E  $\times 100$ ).

\*Controls were used in conjunction with other experiments; G = Group.

#### 4.1 Conclusion

The findings of this study demonstrate that *M. myristica* seed extracts significantly enhanced wound healing in rats. This effect is likely associated with the activity of bioactive compounds present in the extracts. The wound healing impact of *M. myristica* species was also demonstrated by the histological results, as well as the wound contraction rate and duration of epithelialisation. These results suggest that *M. Myristica* seeds possess strong ability for development as a topical wound-healing formulation and many have valuable applications within the pharmaceutical industry.

#### 4.2 Conflict of interest

This study does not have any conflicts of interest.

#### 4.3 Research funding

Research funding was not available for this study.

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